## School Dinner Menu

## Week 1

26/02/2024 11/03/2024 25/03/2024

## Monday

Main = Pizza ( Various Meat free Options)
Side Dishes $=$ Mixed Salad / Coleslaw
Dessert = Jelly
Tuesday
Main = Mild Chilli Con Carne
Vegetarian= Veg Con Carne
Side Dishes = Green Beans, Rice ,Nachos
Dessert $=$ Shortbread Biscuit
Wednesday
Main $=$ Pork Loin with Gravy
Vegetarian = Quorn Fillet
Side Dishes = Fresh Veg Selection $/$ Yorkshire Pudding $/$ Roast Potatoes
Dessert = Fruit Crumble \& Cream
Thursday
Main = Minced Beef Cobbler Vegetarian= Veg Cobbler
Side Dishes = Mash Potatoes / Peas / Sweetcorn
Dessert = Mousse
Friday
Main = Fish Fingers
Vegetarian = Omelette
Side Dishes $=$ Chips $/$ Baked Beans
Dessert = Toffee Crispy / Fruity Friday
Bread, Fresh Fruit ,Yoghurt ,Jelly, Milk / Water served everyday
Any problems please call the school office and ask for Mrs Fairhead

## Week 2

04/03/2024 18/03/2024

## Monday

Main = Fish Fillets
Vegetarian= Vegan Fingers
Side Dishes = Peas / Sweetcorn ,Mash Potatoes
Dessert = School Cake \& Custard

## Tuesday

Main = Chicken Stir-fry, Sweet Sour Sauce
Vegetarian = Veg Stir Fry
Side Dishes = Noodles
Dessert = Trifle Pots

## Wednesday

Main = Frinton Road Sausages
Vegetarian = Vegan Sausages
Side Dishes = Baked Beans, Hash Browns
Dessert = Oaty Cookie Chocolate
Thursday
Main = Pasta \& Sauce
Vegetarian = Sweetcorn \& Tomato Salad / Coleslaw
Side Dishes $=$ Garlic Bread
Dessert = Marble Cake

## Friday

Main = Beef Burger in a Burger Bap
Vegetarian $=$ Veg Burger
Side Dishes $=$ Chips $/$ Peas
Dessert = School Biscuit $/$ Fruity Friday

* Please keep us updated on all your children's Allergies/Intolerances

