

PSHE scheme of work

EYFS Autumn		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Relationships</p> <ul style="list-style-type: none"> - Awareness of own and others needs - Treat people with respect <p>Follow rules</p> <ul style="list-style-type: none"> - Right and wrong - How do rules help 	<p>With help I join in with my group. With help I think of ideas. I tell people my ideas and what I have found out. I find out about the Golden Rules at school. I can ask appropriate questions. With help I can start to resolve conflicts.</p>	<ul style="list-style-type: none"> - Feelings games - Rules and expectations - Being part of a group (PowerPoint) - Good friend sorting activity - Starry eyed Stan story - Circle time games - Sharing is caring (PowerPoint) - Small group games

EYFS Spring		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Self-confidence and self-awareness</p> <ul style="list-style-type: none"> - Try new activities - Select activities - Use resources independently - Motivation to learn <p>Anti-bully week and E-safety</p>	<p>I begin to ask questions about things that interest me. With help I find out about the different types of work people do/ places of work. With help I join in with my group. With help I think of ideas. I tell people my ideas and what I have found out.</p>	<ul style="list-style-type: none"> - Feelings games - Talk about jobs and people in the community who help us - Role play different jobs - Best dress ever eBook (trying something new) - Introduction to different materials and what they are for

EYFS Summer		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Managing feelings and behaviour</p> <ul style="list-style-type: none"> - Right and wrong - Changes - Solve own problems 	<p>I begin to ask questions about things that affect our community.</p> <p>I join in with my group.</p> <p>I think of ideas.</p> <p>I tell people my ideas and what I have found out.</p> <p>I can talk about my feelings.</p>	<ul style="list-style-type: none"> - Jakes first day (story and activities) - Circle games e.g. when I was a baby I could... now I can... - Transition into year 1 - Making the right choices - Establish rules for sports day - Circle time (fair and unfair)

Year 1 Autumn		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Autumn 1 TEAM – positive impact working together can have</p> <p>Autumn 2 Britain - children identify different groups they belong in</p>	<p>I can talk about the teams I belong in. I can be a good listener. I can explain how to be kind and why it is important.</p> <p>I can talk about unkind behaviour. I can explain how to be a positive learner. I can identify good and not good choices.</p> <p>I can describe ways that I can help my school. I can describe ways that I can be a good neighbour. I can identify things that help my neighbourhood. I can describe what it's like to live in Britain. I can explore how people live in Britain. I can share my ideas.</p>	<p>TEAM</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw a poster to show acts of kindness - Design a new school uniform <p>Britain</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw picture of a community you belong in and describe how you can be helpful. - Talk about how they feel living in Britain.

Year 1 Spring		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Spring 1 Be Yourself – recognise emotions and how to manage feelings</p> <p>Spring 2 It's my body - looking after own body</p>	<p>I can talk about what makes me special. I can name different feelings. I can talk about things I like. I can talk about things that make me unhappy. I can discuss how change makes me feel. I can share what I think.</p> <p>I know my body is my responsibility. I can make healthy choices. I know how to keep my body clean. I know what is safe to eat and drink. I can choose to keep myself safe.</p>	<p>Be Yourself</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw and label different emotions - Draw people that are special to them <p>It's my body</p> <ul style="list-style-type: none"> - 6 lessons and activities - Keep a sleep diary - Sort food into groups

Year 1 Summer		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Summer 1 Money matters –where money comes from and how it can be used</p> <p>Summer 2 Aiming high - having high aspirations</p>	<p>I can explain where money comes from and why we need it.</p> <p>I can explain how we keep money safe.</p> <p>I can explain the importance of keeping track of money.</p> <p>I can explain the difference between things we want/need.</p> <p>I can explain how I keep my belongings safe.</p> <p>I can explain what happens when we go shopping.</p> <p>I can think of star qualities I have.</p> <p>I can understand how having a positive attitude can help me.</p> <p>I can talk about jobs people do.</p> <p>I can talk about what I want to do when I grow up.</p> <p>I can talk about things I want to achieve.</p> <p>I can think about changes.</p>	<p>Money matters</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw a special possession and explain how they keep it safe. - Give money and chose what to spend it on. <p>Aiming high</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw different jobs and explain what they do. - Star qualities you can show at home.

Year 2 Autumn		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Autumn 1 Think positive – how to manage feelings</p> <p>Autumn 2 Respecting rights – human and children’s rights</p>	<p>I can talk about my happy thoughts. I can make good choices. I can set myself goals. I can discuss my feelings. I can talk about things I’m thankful for. I can talk about what is happening and how I feel.</p> <p>I can talk about what rights are. I can explain what protects our rights. I can show respect. I can understand why it’s important to be fair. I can explain why making a positive difference is important.</p>	<p>Think positive</p> <ul style="list-style-type: none"> - 6 lessons and activities - Circle time, share things that make you happy - Complete a diary of things that have made you happy. <p>Respecting rights</p> <ul style="list-style-type: none"> - 6 lessons and activities - Talk about how people are different - Talk about how you can make a difference

Year 2 Spring		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Spring 1 VIPs – who is important in the children’s lives.</p> <p>Spring 2 One world - learn about people from different cultures.</p>	<p>I can talk about important people in my life. I can describe why my family is important. I can describe what makes good friend. I can describe wats to work out an argument. I can cooperate with others. I can describe how to care for people.</p> <p>I understand people in different countries may live differently. I can discuss home and school life around the world. I can explain difference in different countries. I can talk about different places people live. I can talk about the things people get from the earth. I can say why it is important to care for the earth.</p>	<p>VIPS</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw someone who is a good friend and describe what makes a good friend - Explain how you can show someone they are special <p>One world</p> <ul style="list-style-type: none"> - 6 lessons and activities - Draw and write about someone who is special - Draw a poster to show how you can protect the world

Year 2 Summer		
Programme of study	Knowledge, Skills and Understanding	Suggested activities
<p>Summer 1 Growing up – how we grow and change</p> <p>Summer 2 Safety first - learn about everyday dangers</p>	<p>I understand how to respect my own and other people’s bodies. I understand that everyone is different. I can describe how I have changed since I was a baby. I can describe how I will change as I grow. I can describe things that might change.</p> <p>I know how to stay safe and who can help if I feel unsafe. I know how to stay safe at home. I know how to stay safe when I’m out. I can keep myself safe online. I know my body belongs to me. I know who to go to for help.</p>	<p>Growing up</p> <ul style="list-style-type: none"> - 6 lessons and activities - Share what you like about yourself <p>Safety first</p> <ul style="list-style-type: none"> - 6 lessons and activities - Talk about how to stay safe at home and school - Talk about strangers you can trust e.g. Drs, new teachers